



# *Ligas Family Advocate Program*



***The Arc***<sup>TM</sup>

*Illinois*

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***Families Helping Families!***

*The Ligas Family Advocate Program is funded by the Department of  
Human Services*

# Programs of The Arc of Illinois

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Illinois Lifespan – Information & Resources

Family to Family Health Information Center

Family Support Network of Illinois

Ligas Family Advocate Program

Family Transition Project

Consumer Stipend Program

Assistive Technology Program

Training Department

# The Ligas Family Advocate Program

- Established as a pilot program in 2014 after the Ligas Consent Decree (2011) to provide consistent information about waiver services and living options statewide
- Connect families of loved ones with I/DD to similar families seeking funding and services selected from the PUNS
- Share creative ways to utilize waiver funding
- Funded through a grant from the Illinois Department of Human Services
- Work with Independent Service Coordination agencies (ISCs) in getting information about all available options for services to adults and families  
<https://www.thearcofil.org/about-us/programs/ligas-family-advocate-program/>

# Goals for today:

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Share a **basic introduction** to Illinois' Home and Community Based Waivers, with an emphasis on the Adults with Developmental Disabilities (DD) Medicaid Waiver

Consider steps to take in the Early Notification Period

Identify services offered within the waiver for adults with DD

Share ideas and examples while connecting with other self-advocates and family members

# Some key acronyms:

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CILA: Community Integrated Living Arrangement

DD: Developmental Disabilities

CDS: Community Day Programs

PAS: Pre-admission screening

HBS: Home Based Services

ICF-DD: Intermediate Care Facility for individuals with DD

ISC: Independent Service Coordination Agency (Gateway to DD services in Illinois)

DHS: Department of Human Services

- DDD: Division of Developmental Disabilities
- DRS: Division of Rehabilitative Services

# Early Notification

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Ensure Medicaid is in place and remains in place

Gather evaluation records from mid-late teen years

Connect with your Independent Service Coordination Agency (ISC)

Become familiar with local Developmental Disability providers

Participate in trainings that are of interest

# Two key programs for adults with I/DD in IL

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## ICF/DD PROGRAM

Entitlement vs. selected from a waitlist such as the PUNS

A few have wait lists

A few are small at 4 individuals, most are at 9 or higher

Licensed by IDPH, paid for by Medicaid

## HOME & COMMUNITY BASED MEDICAID WAIVER

Selection from the PUNS waiting list

CILA group homes capped at 8

Licensed by DHS

Paid for with Medicaid waiver funding

Services wherever one lives –family home, own home, condo, apartment, affordable apartment

# Home Based v CILA

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Both provide services and supports to individuals with developmental and intellectual disabilities

Both can be provided in various home environments

CORE DIFFERENCE: Who MANAGES the services?

1. Home-based Supports and Services: Family and Individual manage the services
2. CILA: Developmental Disability Provider Agency manages the services

# How can you use DDD waiver funding once eligible?

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## **Home-based Services Program: (funding is fixed =3 times SSI); all services/supports must fit within monthly budget (\$2,382.00)**

- Personal Support Worker (PSW)
- Community Day Services program
- SDA -Self-Direction Assistant; optional service (\$50.26)/hour for assistance in arranging for, directing & managing PSW services, skills re: recruiting/hiring of PSWs, info on effective communication and problem solving skills

**OR**

## **CILA –no fixed funding amount**

- Group Home (24/7 care –up to 8 individuals)
- Host Home (24/7)
- Intermittent/In home-family CILA (less than 24/7 care daily)
  - House you live in with your family (family CILA)
  - Your own apartment - can be a permanent supportive housing apt.

# Home-Based Services Program

## Personal Support Workers MUST:

Be at least 18 years old

Communicate well with individual and family

Complete all required paperwork accurately

Understand waiver rules on abuse and neglect, human rights, confidentiality, handling of emergencies, and allowable behavior management methods

Show that they can provide services to you safely as written in your Personal Plan

Pass required background checks (*Criminal background, Healthcare Worker Registry, Sex Offender Registry, HFS OIG Sanctions List, and DCFS State Central Registry*)

See our webinar on the Home-Based Services Program from July, 2019 at:

<https://www.thearcofil.org/monthly-webinars/>

# Services of the DDD waiver: HBS

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## HOME BASED SERVICES (HBS) PROGRAM –Fixed funding

Individualized Service and Support Advocacy -ISC

Supported employment (SEP) –auth. & prior approval

Community Day Service (CDS) program;  
temporary intensive staffing in CDS program –  
auth. & prior approval

Behavior Counseling (individual & Group)

Behavior Intervention and Treatment;  
Psychotherapy

Adult day care if 60 or older or medically fragile

Support Services Team

PT/OT/Speech Therapy –auth. & prior approval

Adaptive Equipment –auth. & prior approval

Assistive Technology –auth. & prior approval

Home Accessibility & Vehicle Modifications –  
auth/prior approval

## Self-Direction Assistance (SDA)

Personal Support – Personal Support Worker  
(PSW)

Temporary Assistance (if PSW unavailable) –prior  
auth. & approval

Nursing; Emergency Home Response Services;  
non-medical transportation; training and  
counseling for unpaid caregivers; out of home  
respite, adult day care (60 and older)–auth. &  
prior approval; Other Day Program – auth. & prior  
approval

# Self Direction Assistant (SDA) services

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Helps individual and family arrange, direct and manage support services in the Home-Based Services (HBS) Program

Provides education and practical training to help individual and family gain the skills needed to independently manage support services OR an individual can retain an SDA continuously

Provides education and information to individual and family to ensure they understand their role and responsibilities with HBS

Must be a Qualified Intellectual Disability Professional (QIDP)

Must not duplicate the role of the Independent Service Coordination Agency (ISC)

Current hourly cost to be paid from monthly HBS allotment for an SDA is \$50.26

# Services of DD Waiver: CILA

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## COMMUNITY INTEGRATED LIVING ARRANGEMENT (CILA)

Individualized Service and Support Advocacy –ISC

Residential Habilitation

### Community Day (CDS) program

Temporary intensive staffing for CDS –auth. & prior approval

Supported Employment (SEP) –auth. & prior approval

Adult Day Care (60 and older) –auth. & prior approval

Other Day Program (formerly sheltered workshop) –auth. & prior approval

PT/OT/Speech therapy –auth. & prior approval

Behavioral counseling (individual & group)

Behavior Intervention and Treatment

Psychotherapy

Adaptive Equipment –auth. & prior approval

Home Accessibility Modifications –auth & prior approval

Vehicle Modification (as part of the transportation component of the residential rate)

See:

<http://www.dhs.state.il.us/page.aspx?item=101181>

# Community Day Service Program (CDS)

DHS funded programs facilitated by  
Developmental Disability providers

Often consist of recreation activities, classes,  
social activities

Designed to help with skill development or  
retention in self-help/adaptive skills, growth in  
independent living skills, ability to utilize personal  
choices, and maintain maximum independent  
living skills

**Note: Current Covid restrictions impact CDS services;  
talk with your ISC and provider to learn more**

# Where can I use waiver services?

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- In the house where I live with my family
- In a house where I live on my own or with a roommate
- In a condo where I live on my own or with a roommate
- In a home with up to 7 other people (group home CILA)
- In supportive housing

# Read core information, apply for Medicaid and SSI at age 18

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Illinois Consumer Handbook for Home-Based Services

- [http://www.dhs.state.il.us/page.aspx?item=101181#a\\_toc29](http://www.dhs.state.il.us/page.aspx?item=101181#a_toc29)

ABE Illinois: Assistance with healthcare, food, cash assistance

- [www.abe.illinois.gov](http://www.abe.illinois.gov)

Social Security

- [www.ssa.gov/applyonline/](http://www.ssa.gov/applyonline/)

**Note: You MUST have Medicaid to utilize Home and Community Based Waiver Services**

# Covid Resources

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**Link to sign up for IL DHS DDD Covid update emails:**

<https://www.dhs.state.il.us/page.aspx?item=29761>

**Illinois Department of Public Health Information on COVID-19** – The Illinois agency charged with protecting public health and sharing information on health-related concerns.

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>

**Illinois DHS Division of Developmental Disabilities COVID-19 Information** – The page on which DDD is posting official information.

<http://www.dhs.state.il.us/page.aspx?item=123451>

We encourage you to talk with your ISC and potential DD Providers about how COVID may impact the provision of service and supports

# LFA Contact Information

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